

Smarter Patients. Better Care. www.cardiosmart.org

Introducing The Web Site Your Heart Patients Have Been Waiting For.



Informed Patients Lead to Better Outcomes.









There's a new tool in the fight against cardiovascular disease. Introducing **CardioSmart.org**, the premier online resource for you and your patients, offering accessible, authoritative information about cardiovascular disease, its prevention, management and care.

CardioSmart is evidence-based, clear, current, and physician-directed. It's designed to be an extension of your cardiac care team, offering your patients and their families critical support in their quest to understand and manage cardiovascular disease. Best of all, it's from the ACC, the experts in cardiovascular care.

The CardioSmart.org Web site puts a wealth of valuable content at your patients' fingertips:

- Information about cardiovascular conditions, tests, and treatment options
- Prevention strategies
- Guideline-based management
 strategies to improve outcomes
- Heart health news
- Online tools for assessing risk and tracking heart health
- Interactive communities, including real-life patient stories and patient forums

Count on CardioSmart as a trusted resource for your patients. Empower your patients today with CardioSmart.

Visit www.cardiosmart.org.

The Power of Prevention

Slay the Giant examines the power of prevention in defeating heart disease. Written by Dr. Elizabeth Klodas. M.D., F.A.C.C., Editor-in-Chief of CardioSmart.org, this easy-to-read guide for heart patients and the general public clearly explains the roles that risk factors and prevention strategies play in preventing and mitigating cardiovascular disease. The book includes chapters on the most talked about and least understood factors in heart disease, including HDL cholesterol, LDL

cholesterol, and triglycerides, and offers common-sense strategies for managing these risk factors through healthy lifestyle choices in order to optimize health outcomes.

Brought to you by the American College of Cardiology's CardioSmart

Go to **www.cardiosmart.org** and order your copy today.

Discounted online pricing for 10 copies or more is also available for distribution to patients.

Elizabeth Klodos, ND, FACC



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