

# North Carolina

## CHAPTER

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## Fall Newsletter

# NC & SC Chapters ACC 28th Annual Joint Meeting

The NC & SC Chapters was held September 17-19 at the Omni Grove Park Inn in Asheville, NC. We are proud to say this was our highest attended and most successful conference in 28 years! Our final attendance was 205 MD, FITS, NPs, PAs, plus 80 spouses and children. In addition, 48 vendors exhibited at the conference.

We are equally excited to have held this conference live, in-person, as we know that meeting face-to-face is essential for learning and connecting. With health and safety protocols in place including masks required, social distancing in the general session and requiring proof of vaccination, our conference was well equipped and prepared to hold an in person event.

This was a fantastic educational conference with nationally recognized faculty and valuable academic content.

On Friday, Mary Walsh, MD, MACC, Ascension St. Vincent Heart Center, presented on "*Diversity and Inclusion in Cardiology*" during the annual Women in Cardiology Seminar. An additional seminar was held Friday with topics directed toward Cardiovascular Team members.

Also on Friday, a separate seminar was held for Fellows-in-Training with topics focusing on CV Writing, Financial Management and Contract Signing. Scholarships were awarded to FITs from Duke, ECU, Wake Forest, UNC, Prisma and MUSC to attend the FIT seminar and general program sessions.

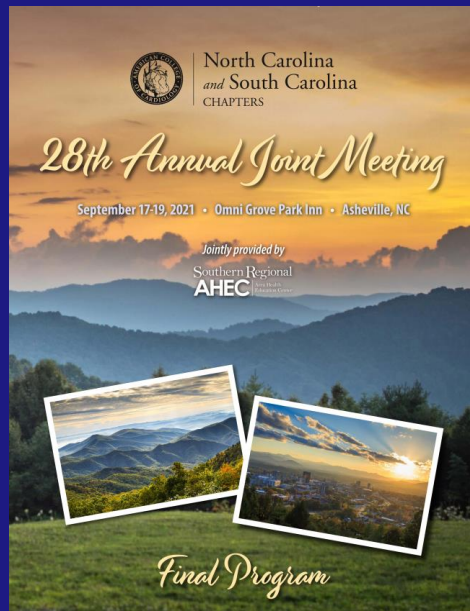
FIT Jeopardy wrapped up the final session on Sunday with the team from Wake Forest coming in for the win!

Thank you to everyone who attended in person at the Omni Grove Park in Asheville!

View more on our conference and list of exhibitors on our website!

**[2021 Exhibitors & Sponsors \[r20.rs6.net\]](https://r20.rs6.net)**





Click the image above to view our final program.

## NC Chapter Grant Awarded to Cone Health



In conjunction with the annual conference, the NC Chapter offered a special grant in 2021 to a cardiovascular organization in need of funding to create a program with a goal of reducing cardiovascular health disparities in the state of North Carolina.

In total, 5 grant applications were received. The 2021 grant recipient was Cone Health for their project, "Advanced Hypertension Clinic". The Advanced Hypertension Clinic aims to treat patients with resistant hypertension or multiple medication intolerances. Dr. Tiffany Randolph is the Director of the Advanced Hypertension Clinic and will lead the project.

The specific aim is to aid patients within the Cone Health system achieve target blood pressure control with the primary outcome being the patient has achieved goal blood pressure during the study period and maintained this for at least two follow-up visits.

The data from this study will help inform whether the use of a comprehensive and integrative management strategy for the management of hypertension improves outcomes. It will also assess the utility of the emerging technology of remote patient monitoring. These activities are easily transferrable across the state and could have significant impact on the health of the citizens of North Carolina. The findings of the study could be transferable to both primary care and cardiology settings and implemented in both rural and urban settings.

Stay tuned for updates as this project moves forward!

## ACC 2021 Legislative Conference

More than 500 clinicians from across the U.S. participated in ACC's Legislative Conference 2021 last week. On Monday, attendees took part in educational sessions with ACC Advocacy leaders and staff on critical health policy topics facing the profession and patients.

On Tuesday, conference attendees took part in nearly 300 virtual visits with members of Congress and congressional staff, with key asks related to [stopping dramatic cuts \[r20.rs6.net\]](https://www.r20.rs6.net) to Medicare payments planned for January, support for cardiac rehabilitation and cardiovascular research funding, and more. Access the complete list of talking points and recordings from Monday's educational sessions at [ACC.org/LegislativeConference \[r20.rs6.net\]](https://www.ACC.org/LegislativeConference)

The NC Chapter had a strong delegation in attendance and met virtually with staff from the offices of: Rep Alma Adams, Senator Thom Tillis, Rep David Price, Rep Kathy Manning, Senator Richard Burr, Rep Butterfield and Rep Patrick McHenry.





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